Plant power!

March 2025

Central VPA High School (9-12)

Lunch

TUESDAY MONDAY THURSDAY WEDNESDAY **FRIDAY** 3 6 4 5 7 Create Create Create Create Italian Meat Spaghetti Sauce Spaghetti Garlic Herb Flatbread Boneless Chicken Wings Boneless Chicken Wings with Buffalo Chicken Po Boy Seasoned Peas Orange Chicken Brown Fried Rice No Ranch Sauce Boneless Chicken Wings with Honey 2Mato Roasted Broccol Hamburger Pizza Classic Cheese Pizza Seasoned Cauliflower 2Mato School BBQ Sauce Hawaiian Roll Hamburger Pizza Classic Cheese Pizza 2M Classic Cheese Pizza Sono Faiita Marinated Chicken Roasted Green Beans **Classic Pepperoni Pizza** Sono No School Beef Taco Meat Tortilla Chips Soft Flour Tortilla 2Matc Sc Faiita Marinated Chicken Fajita Marinated Chicken Beef Taco Meat Tortilla Chips Soft Flour Tortilla Seasoned Refried Beans Queso Blanco Cheese Sauce Classic Cheese Pizza Classic Pepperoni Pizza Fajita Marinated Chicken Beef Taco Meat Beer faco Meat Tortilla Chips Soft Flour Tortilla Seasoned Refried Beans Queso Blanco Cheese Sauce Creamy Cheddar Cheese Sauce Sono Seasoned Refried Beans Fajita Marinated Chicken Beef Taco Meat Queso Blanco Cheese Sauce Creamy Cheddar Cheese Sauce . Creamy Cheddar Cheese Sauce Tortilla Chips Soft Flour Tortilla Grill Classic Chicken Sandwich Nashville Hot Chicken Sandwich French Fries Grill Seasoned Refried Beans Queso Blanco Cheese Sauce Classic Chicken Sandwich Nashville Hot Chicken Sandwich Grill Classic Cheeseburger in Bun Jumbo Crispy Chicken Tenders Hawaiian Roll French Fries . Creamy Cheddar Cheese Sauce On the Go French Fries Grill Hummus & Veggie Bento Box Banana Chocolate Smoothie On the Go Classic Cheeseburger in Bun Jumbo Crispy Chicken Tenders Hawaiian Roll . Strawberry Parfait with Granola Turkey Ham & Cheese Wrap Honey Graham Crackers On the Go Turkey Ham & Cheese Wrap Turkey Chef Salad Whole Grain Seasoned Croutons Whole Grain Cheez-It Crackers French Fries On the Go Strawberry Parfait with Granola Southwest Corn & Black Bean Wrap Croutons 10 11 12 13 14 Create Cheese Quesadilla with Salsa Cheese Pell Peppers and Onior Crea Cre Chicken Alfredo Rotini BBQ Brisket Jumbo Crispy Chicken Tenders Macaroni and Cheese Hawaiian Roll Sauteed Bell Peppers and Onions Seasoned Black Beans Garlic Herb Flatbread Tater Tots Whole Grain Waffle Seasoned Peas Salsa 2Mato Peach Compote BBQ Baked Beans 2Mato No School 2Mato Hamburger Pizza Classic Cheese Pizza 2Mato Classic Cheese Pizza Classic Cheese Pizza Hamburger Pizza Classic Cheese Pizza Classic Pepperoni Pizza Classic Pepperoni Pizza S No School Sor Fajita Marinated Chicken Sono Fajita Marinated Chicken Beef Taco Meat Tortilla Chips Soft Flour Tortilla Seasoned Refried Beans Fajita Marinated Chicken Fajita Marinated Chicken Beef Taco Meat Tortilla Chips Soft Flour Tortilla Beef Taco Meat Tortilla Chips Soft Flour Tortilla Beef Taco Meat Tortilla Chips Soft Flour Tortilla Seasoned Refried Beans Seasoned Refried Beans Seasoned Refried Beans Queso Blanco Cheese Sauce Queso Blanco Cheese Sauce Creamy Cheddar Cheese Sauce Queso Blanco Cheese Sauce Creamy Cheddar Cheese Sauce Queso Blanco Cheese Sauce Creamy Cheddar Cheese Sauce Creamy Cheddar Cheese Sauce Grill Grill **Classic Chicken Sandwich** Grill Grill Classic Cheeseburger in Bun Jumbo Crispy Chicken Tenders Hawaiian Roll Classic Cheeseburger in Bun Jumbo Crispy Chicken Tenders Hawaiian Roll Nashville Hot Chicken Sandwich French Fries On the Go Base Base II Classic Chicken Sandwich Nashville Hot Chicken Sandwich French Fries Berry Parfait French Fries On the Go French Fries Frencn Fries On the Go Santa Fe Turkey and Cheddar Wrap Strawberry Banana Smoothie Honey Graham Crackers Whole Grain Cheez-It Crackers Note of the Go Santa Fe Turkey and Cheddar Wrap Mediterranean Salad Berry Parfait Turkey Chef Salad Whole Grain Seasoned Croutons **Buffalo Chicken Wrap** Croutons 17 18 19 20 21 SPRING BREAK SPRING BRFAK SPRING BREAK SPRING BRFAK SPRING BREAK INCE INVEST No School No School No School No School No School

24

Create

- Beef Patty Beef Gravy Fresh Baked Whole Grain Biscuit
- Glazed Carrots 2M ato

- Hamburger Pizza Classic Cheese Pizza
- Sc 0 Fajita Marinated Chicken
- Beef Taco Meat
- Tortilla Chips Soft Flour Tortilla Seasoned Refried Beans Queso Blanco Cheese Sauce
- Creamy Cheddar Cheese Sauce
- Grill **Classic Chicken Sandwich**
- Nashville Hot Chicken Sandwich
 French Fries
 On the Go

- Vegetable Hummus Wrap Southwest Black Bean & Brown Rice :

25

- Create Boneless Chicken Wings with Honey
- BRQ Sauce Boneless Chicken Wings Hawaiian Roll Seasoned Broccoli 2Mato
- Classic Cheese Pizza Classic Pepperoni Pizza
- Sono Faiita Marinated Chicken
- Beef Taco Meat Tortilla Chips Soft Flour Tortilla
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce Creamy Cheddar Cheese Sauce
- Grill
- Classic Cheeseburger in Bun Classic Chicken Sandwich French Fries

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- - On the Go Southwest Chicken Salad with Cheese .
 - Croutons Roasted Italian Vegetable Wrap

- Cre Chicken & Cheese Quesadilla Sauteed Bell Peppers and Onions Seasoned Black Beans
- Salsa
- 2N

26

- Classic Cheese Pizza Classic Pepperoni Pizza S Fajita Marinated Chicken
- Beef Taco Meat Tortilla Chips Soft Flour Tortilla Seasoned Refried Beans
- Queso Blanco Cheese Sauce
- Creamy Cheddar Cheese Sauce Grill
- Classic Cheeseburger in Bun Jumbo Crispy Chicken Tenders Hawaiian Roll French Fries
- On the Go Chicke Chicken Salsa Wrap
- Berry Parfait

27 Create

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- Sweet & Sour Chicken Brown Fried Rice Glazed Carrots 2Mato
- Hamburger Pizza Classic Cheese Pizza
- Sono
- Fajita Marinated Chicken Beef Taco Meat .
- Tortilla Chips Soft Flour Tortilla
- Seasoned Refried Beans Queso Blanco Cheese Sauce Creamy Cheddar Cheese Sauce
- Grill Classic Chicken Sandwich
- Nashville Hot Chicken Sandwich French Fries
- the Go Mango Lassi Smoothie
- On •
- Honey Graham Crackers Whole Grain Cheez-It Crackers Buffalo Chicken Wrap

28 Create

- Cheesy Chicken & Rice Casserole . Homemade Cornbread Roasted Summer Squash
- 2Matc
- Classic Cheese Pizza Classic Pepperoni Pizza So
- Fajita Marinated Chicken Beef Taco Meat .
- Tortilla Chips Soft Flour Tortilla
- Seasoned Refried Beans Queso Blanco Cheese Sauce Creamy Cheddar Cheese Sauce
- Grill
- Classic Cheeseburger in Bun Jumbo Crispy Chicken Tenders Hawaiian Roll
- French Fries
 On the Go
- Chicken Salsa Wrap Cheddar/Mozzarella Salad
- Croutons

31

Create

- Boneless Chicken Wings Boneless Chicken Wings with Buffalo Ranch Sauce Boneless Chicken Wings with Honey .
- BBQ Sauce Hawaiian Roll Roasted Green Beans

2Mato

- Classic Cheese Pizza Classic Pepperoni Pizza •
- Sono
- Faiita Marinated Chicken

Beef Taco Meat Seasoned Black Beans .

- Tortilla Chips Soft Flour Tortilla Cilantro Lime Brown Rice
- Queso Blanco Cheese Sauce

Creamy Cheddar Cheese Sauce Grill

- Classic Cheeseburger in Bun **Toasted Cheese Sandwich**
- French Fries

- French Fries On the Go
 Strawberry Parfait with Granola
 Turkey Chef Salad
 Whole Grain Seasoned Croutons

🏁 3/4 Fat Tuesday 🏌 3/11 Eat Your Noodles Day 🏶 3/26 Spinach Day

If you have a food allergy, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

Adult Meal Prices Adult Breakfast: \$2.84, Adult Lunch: \$5.29

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

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